

Welcome to ErgonomicReviews.com

Contributed by Ergonomic Man
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Reviews of ergonomic chairs, back supports, bed wedges and anything else I can get my hands on for the relief of lower back pain caused by sitting. The goal of this blog is to find the best products for back pain caused by long hours spent sitting in front of the computer. Hopefully this will become a trusted resource that will help people find real solutions while avoiding the manufacturer hype.